

Privacy Policy

This privacy statement applies to all information collected or used by the Progressive Mental Alignment (PMA) organization or its affiliated companies.

Provision of Data

You have the choice to determine whether you want to use the services offered on our websites, in our newsletters, and in our mailings. Your personal data may be shared with various business units of the Progressive Mental Alignment (PMA) organization.

They may then communicate with you regarding our services or your inquiry. We use your personal data to respond to your request and provide you with information about the services of the Progressive Mental Alignment organization.

If you do not wish to receive personal information from us, you can let us know through the contact form.

Security of the Data You Provide to Us

We acknowledge our responsibility to secure the data you entrust to us. The Progressive Mental Alignment organization employs various techniques to protect your data, including secure servers and firewalls.

Third Parties outside the Progressive Mental Alignment organization

- It is possible that the Progressive Mental Alignment organization may engage other companies to handle your request or process your data. The Progressive Mental Alignment organization requires these companies to adequately secure your personal data and not use it for purposes other than those provided by the Progressive Mental Alignment organization.
- At times, the Progressive Mental Alignment organization may provide you with a service as part of a joint marketing effort with other companies. In such cases, your personal data may be shared with these companies. Please note that these companies often have their own privacy policies regarding the use of your personal data, which may differ from the privacy statement of the Progressive Mental Alignment organization.
- The Progressive Mental Alignment organization will disclose personal data if required to do so by law. The Progressive Mental Alignment organization does not provide your personal data to third parties for their own purposes.
- The Progressive Mental Alignment organization does not disclose personal data to third parties unless it is necessary to process your request, provide our services, process our invoice, or prevent or combat fraud. It is possible that these websites, newsletters, or mailings may contain links to other websites. You should carefully read the privacy policy on those sites as it may differ from the privacy statement of the Progressive Mental Alignment organization.

Collecting Visitor Data

When you visit one of our websites or open our newsletters or mailings to view or download information, we collect and store some "visitor data," such as the IP address of the computer you are using and the date and time you visit or open our media. We also store interactions for the purpose of personalizing and making the content of the newsletters relevant. With the help of this data, we measure traffic on our media and can optimize them.

Cookie Policy

The websites of the Progressive Mental Alignment organization use cookies. Cookies are simple small text files that are stored on the hard drive or in the memory of your computer. Cookies cannot damage your computer, or the files stored on it. Cookies are placed by the internet browser on your computer. The following types of cookies can be placed through this website:

Functional cookies

These cookies are used to make the website more user-friendly by storing certain user preferences. For example, to retain certain display preferences.

Cookies for website analysis

The Progressive Mental Alignment organization uses Google Analytics, a web analytics service provided by Google. Google Analytics uses cookies to help analyze how users use the website.

The information generated by the cookie about your use of the website (including your IP address) will be transmitted to and stored by Google on their servers. Google uses this information to track website usage, compile reports on website activity for the Progressive Mental Alignment organization, and provide other services related to website activity and internet usage.

Google may also transfer this information to third parties where required to do so by law, or where such third parties process the information on Google's behalf. Google will not associate your IP address with any other data held by Google.

Other cookies

This website may contain media files from third-party websites such as YouTube.com. When playing these media files, cookies may be placed by these third parties. Furthermore, this website offers the option to share certain information via social networks such as Facebook, LinkedIn, Twitter, Instagram, and Pinterest. When using this functionality, cookies may be placed on your computer by these social networks to track the shared information.

Blocking cookies via your browser

You can decide whether to accept or reject cookies, or whether you want your browser to notify you when a cookie is being placed. To do this, you need to adjust the settings in your browser.

As each browser is different, the Progressive Mental Alignment organization refers you to the "help" menu of your browser for instructions on how to set your cookie preferences.

Your rights

Once you have provided your personal data to us, you have the right to request the Progressive Mental Alignment organization to modify or delete this data at any time according to your preferences. You can do this by using the contact form. For example, you can ask questions about our privacy policy, request a copy of your profile, or indicate that you no longer wish to receive personal offers or information from the Progressive Mental Alignment organization in the future.